

Memories

(Time required: 10-15 minutes)

Jesus said: “. . . unless you change and become like little children you will never enter the kingdom of heaven. And so, the one who makes himself as little as this little child is the greatest in the kingdom of heaven.” (Matthew 18:3-4)

1. Have each participant think of himself or herself as a small child; or have them think of a small child they have recently observed. Ask: “What qualities or characteristics attract you? Make a list of these characteristics.” (Allow 5 minutes.)

2. Have participants share the following in pairs:

- Which of the qualities you listed do you have now?
- Have some that you had as a small child been lost along the way? Which?
- Are there one or two you would really like to have again? If so, discuss ways you can recapture these. (Allow 5 minutes.)

3. Invite participants to set a personal goal.